Here’s what our clients are saying about working with ReServe Dementia coaches:

- Our mother received a diagnosis of early dementia. We don’t live nearby and didn’t know what to do next. Our Coach helps us each step of the way. I now have a greater understanding of the disease and how to manage its stages. Our coach has made all the difference for us and for our mother. And, our mother adores her — I love it when they sing together!

- I was scared when the doctor told me that my father had dementia. Besides being worried about his health, I wondered how I could possibly afford long-term care. I turned to ReServe to find a coach and can’t believe how affordable and easy it is. She is my eyes and ears and she has helped train the care team — I know my father is safe and am happy he can stay at home.

- As a geriatric case worker, I rely on the ReServe Dementia Coaches to help my patients and their families understand what is coming next in the disease. I count on the coaches to help educate the families and to help them understand that a diagnosis is not the end, but a transition to a new phase in their loved one’s life.

Dementia Care Coaching is a program of ReServe

The Dementia Care Coach Program is a service of ReServe, Inc., a non-profit organization that leverages the skills and talents of professionals 50+ for social good.

For more information call 212-871-5301 or visit: www.reserveinc.org
Why A Dementia Coach?

A diagnosis of dementia can be confusing and scary. A dementia coach can help — as a partner alongside families and caregivers, offering education, support and compassion. Coaches offer a new perspective — that a loved one can lead a fulfilling life even with a dementia diagnosis.

A coach can be the eyes and ears in the home for family members. A coach can help caregivers learn new skills. And, a coach can work with medical providers to help balance the needs of a whole care team.

Who Are Dementia Care Coaches?

Dementia Care Coaches are mature, trustworthy individuals who have been trained to provide care to persons with dementia. They bring wisdom and the passion to make a difference. They listen, educate, help navigate the health care system and provide support.

Helping Answer the Tough Questions:

- What can I expect with the diagnosis of dementia?
- How do I manage new and unfamiliar behaviors?
- How can I keep my loved one calm, active, and engaged?
- How can I ensure that my loved one is safe at home?
- Where can I find helpful resources?
- How will I know it is time to raise the level of care for my family member?

The key to a successful coaching relationship is finding just the right match.

Our job is to meet, listen, and offer matches that are just right for an individual and his or her family. We understand that every situation has a unique dynamic that calls for sensitivity and insight about what will work best for everyone on the care team.