

Here's what our clients are saying about working with ReServe Dementia coaches:

- *Our mother received a diagnosis of early dementia. We don't live nearby and didn't know what to do next. Our Coach helps us each step of the way. I now have a greater understanding of the disease and how to manage its stages. Our coach has made all the difference for us and for our mother. And, our mother adores her — I love it when they sing together!*
- *I was scared when the doctor told me that my father had dementia. Besides being worried about his health, I wondered how I could possibly afford long-term care. I turned to ReServe to find a coach and can't believe how affordable and easy it is. She is my eyes and ears and she has helped train the care team — I know my father is safe and am happy he can stay at home.*
- *As a geriatric case worker, I rely on the ReServe Dementia Coaches to help my patients and their families understand what is coming next in the disease. I count on the coaches to help educate the families and to help them understand that a diagnosis is not the end, but a transition to a new phase in their loved one's life.*

Dementia Care Coaching is a program of ReServe

The Dementia Care Coach Program is a service of ReServe, Inc., a non-profit organization that leverages the skills and talents of professionals 50+ for social good.



For more information call 212-871-5301 or visit: www.reserveinc.org

Dementia Care Coach Program



Your partner in dementia education,
care, compassion, and support



Why A Dementia Coach?

Education, Support, Compassion



A diagnosis of dementia can be confusing and scary. A dementia coach can help — as a partner alongside families and caregivers, offering **education, support and compassion**. Coaches offer a new perspective — that a loved one can lead a fulfilling life even with a dementia diagnosis.

A coach can be the **eyes and ears** in the home for family members. A coach can help caregivers learn new skills. And, a coach can work with medical providers to help balance the needs of a whole care team.

Who Are Dementia Care Coaches?

Dementia Care Coaches are mature, **trustworthy** individuals who have been trained to provide care to persons with dementia. They bring wisdom and the passion to make a difference.

They **listen**, educate, help navigate the health care system and provide support.

Helping Answer the Tough Questions:

- What can I expect with the diagnosis of dementia?
- How do I manage new and unfamiliar behaviors?
- How can I keep my loved one calm, active, and engaged?
- How can I ensure that my loved one is safe at home?
- Where can I find helpful resources?
- How will I know it is time to raise the level of care for my family member?

How Do I Find A Dementia Coach?

The key to a successful coaching relationship is finding just the **right match**.

Our job is to meet, listen, and offer matches that are just right for an individual and his or her family. We understand that every situation has a unique dynamic that calls for sensitivity and insight about what will work best for everyone on the care team.



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